



Spiritual Reading

Spiritual reading is one of the spiritual disciplines of the Roman Catholic Church and is highly encouraged. There are many wonderful books on Spirituality to choose from. The below are some suggestions.

- Chissiter, Joan. The Breadth of the Soul: Reflections on Prayer
Two Dogs and a Parrot
- Adam, David. The Cry of the Deer: Meditations on the Hymn of St. Patrick
- Bauerschmidt, Frederick. Why the Mystics Matter Now.
- Susan, Cahill. Wise Women: 2000 years of Spiritual Writings by Women
- Cahill Thomas. How the Irish Saved Civilization
- Delaney, Mary Murray Of Irish Ways, a Complete Look at Irish History, Customs, Literature, Landscape, Traditions and More
- Hahn, Thick Nhat Miracle of Mindfulness
- Hewlett, D. R. (Ed.) The Confession of Saint Patrick.
- Merton, Thomas Seven Story Mountain
Seeds of Contemplation
- Fitzgerald, William John. Seven Secrets of the Celtic Spirit: A Journey to the Soul of Ireland

Norris, Kathleen	<u>Dakota: A Spiritual Geography</u> <u>Cloister Walk</u>
Oliver, Mary	<u>Upstream</u> <u>A Thousand Mornings</u> <u>Dog Songs</u> Any Other Book of Her Poems
O'Donohue, John O.	<u>Anam Cara</u> <u>Beauty</u>
Rohr, Richard	<u>The Universal Christ</u> <u>Falling Upward</u>
Rupp, Joyce	<u>The Cosmic Dance</u> <u>May I Have This Dance</u>
Teresa of Avila	<u>Life of Teresa of Avila by Herself</u>
Kolodiejchuk and Browning	<u>Mother Teresa: Come Be My Light: the Private Writings of the 'Saint of Calcutta'</u>
Therese of Lisieux	<u>Autobiography of St. Therese of Lisieux:</u> <u>The Story of a Soul</u>
Ward, Benedicta	<u>Sayings of the Desert Fathers</u>
Wright, Wendy	<u>Sacred Heart: Gateway to God</u>
Sellner, Edward C.	<u>Wisdom of the Celtic Saints</u>
Newell, J. Phillip.	<u>Listening for the Heartbeat of God: A Celtic Spirituality</u> <u>Christ of the Celts:</u> <u>The Healing of Creation One Foot in Eden: A Celtic</u> <u>View of the Stages of Life</u>
O'Riordain, John J.	<u>The Music of What Happens: Celtic Spirituality: A View</u> <u>from the inside Early Irish Saints</u>
Adomnan, of Iona	Life of St. Columba, Trans. Richard Sharpe, 1995